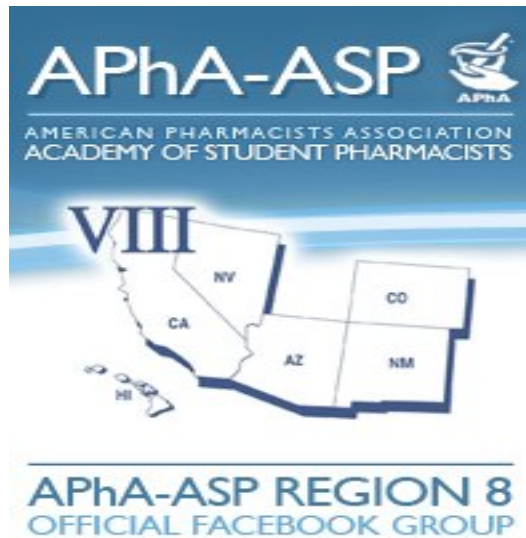


+ Important Deadlines and Info

Make sure to check up on the important deadlines and how to update your chapter's contact information

page **3**



Region 8 Officers

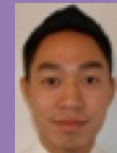
Delegate

Steven Garcia
University of New Mexico



Member At Large

Charles Lam
Western University of Health Sciences



MRM Coordinator

Jill Ortiz
University of Southern Nevada



“It was *inspiring* to see how many people were present, and how involved they wanted to be in paving the way for the future of Pharmacy.”

Jennifer Polyniak – Univ. of Southern Nevada

In This Article...

Salutations Region 8! Your regional officers are excited about our 3rd regional newsletter. What makes this one very special is that we have articles from various chapters. There are amazing stories including Univ. of New Mexico’s flash mob being on the local news, amazing patient care project success, to student

pharmacists being inspired.

I hope you all enjoy this newsletter and take the time to read up on how we all as student pharmacists can make an impact in our profession and the health of our communities.

– *Charles Lam*

Welcome To Our New 2011-2012 APhA-ASP National Executive Committee!!



Sarah McElroy
National President



David Steeb
National President Elect



Parth Shah
National Member At Large



Ryan Burke
National Member At Large



Ashley Weems
Speaker of the House

2011 Summer Leadership Institute (SLI)

July 15-17, 2011
Washington, DC
Supported by
Procter & Gamble



QUESTIONS?
Contact APhA Student Development Department
APhA-ASP@APhAnet.org
800-237-APhA, ext. 7543

EVENTS

- CAPITOL HILL VISITS WITH LEGISLATORS
- LEADERSHIP WORKSHOPS AT APhA HEADQUARTERS
- TOURS OF NATIONAL MALL
- MEET OTHER APhA LEADERS

American

Pharmacist

Association



Updating Chapter Contact Information

It is very important that every chapter updates its information each year after having their new officer elections. This helps with sending out news and information to the right chapter leaders from APhA.

Go to this link to update your chapter's information today.

<http://fs8.formsite.com/APhA-ASP/ChaptersContactInfo/index.html>

Also, don't forget to update your chapter's information on the Region 8 Roster that

your Member at Large, me, Charles Lam, sent to the chapter presidents to fill. This is important so that pertinent information is received by every chapter. If you have any questions, please contact me at region8mal@gmail.com.

IMPORTANT DEADLINES

Chapter Achievement July 15

Membership Achievement July 15



Steven Garcia

Regional
Delegate

APhA Academy of Student Pharmacists House of Delegates

2011.1 – Pharmacist Inclusion in State and Federal Loan Repayment Programs

APhA-ASP encourages all federal and state government loan repayment and loan forgiveness programs to provide pharmacists with equal access and opportunities as other health care professionals.

APhA-ASP House of Delegates voted to Adopt 2011.1.

2011.2 – Pharmacists as Providers

1. APhA-ASP supports legislation that recognizes pharmacists as providers under Medicare Part B.

APhA-ASP House of Delegates voted to Adopt 2011.2.1.

2. APhA-ASP encourages pharmacists to obtain a National Provider Identifier (NPI) number in order to receive compensation for clinical services.

APhA-ASP House of Delegates voted to Adopt as Amended 2011.2.2.

3. APhA-ASP encourages student pharmacists to obtain a National Provider Identifier (NPI) number for the purpose of, but not limited to, preparing for its use to receive compensation

for clinical services upon entry into the profession.

APhA-ASP House of Delegates voted to Adopt as Amended 2011.2.3.



Steven Garcia

Regional
Delegate

4. APhA---ASP encourages the creation and uptake of billing codes for pharmacists' services that are recognized by all stakeholders and result in direct compensation for the provision of clinical services.

APhA---ASP House of Delegates voted to Adopt 2011.2.4.

2011.3 – Advancement of Medication Therapy Management (MTM) Services

1. APhA-ASP supports the implementation of MTM education adapted from best practices into both didactic and experiential curricula in all schools and colleges of pharmacy.

APhA---ASP House of Delegates voted to Adopt 2011.3.

2. APhA---ASP supports legislation to recognize pharmacists as the primary providers of MTM services within the health care team.

APhA---ASP House of Delegates voted to Adopt as Amended 2011.3.2.

3. APhA---ASP encourages pharmacist employers to provide pharmacists with critical tools and support necessary for MTM services, which includes, but is not limited to staffing, physical space, work flow, technology, and resources.

APhA---ASP House of Delegates voted to Adopt as Amended 2011.3.3.

4. APhA---ASP encourages all stakeholders, including but not limited to, employers, pharmacies, health-systems, and third party payors, to develop a compensation model for pharmacist-provided MTM services that is both financially viable and in the best interest of patients.

APhA---ASP House of Delegates voted to Adopt as Amended 2011.3.4.



Steven Garcia

**Regional
Delegate**

2011.4 – Training Program for Pharmacist Prescriptive Authority

APhA-ASP encourages the profession's national organizations to develop a national training program that prepares pharmacists to have post-diagnostic prescriptive authority in collaboration with other health care providers.

APhA-ASP House of Delegates voted to Refer 2011.4.

APhA Academy of Student Pharmacists

House of Delegates Report of the 2011 APhA-ASP New Business Review Committee

NEW BUSINESS ITEMS

New Business Item #1: Commercial Licenses

APhA-ASP supports legislation to amend the physical requirements for commercial truck drivers to allow insulin dependent diabetic patients to apply for or maintain commercial licenses.

APhA-ASP House of Delegates voted to Reject New Business Item 1.

New Business Item #2: Poison Control Centers

APhA-ASP advocates upholding and maintaining Regional Poison Control Centers (PCCs) throughout the country.

APhA-ASP House of Delegates voted to Adopt New Business Item 1.



Steven Garcia

Regional
Delegate

“Winter is Cold...but Advocacy is HOT”

Congratulations to all of the chapters that participated in the “Winter is Cold...but Advocacy is HOT” Campaign. Through our collective efforts, we were able to raise money for the APhA Political Action Committee. Support for the APhA-PAC is critical for defending and advancing our profession. For example, as pharmacists, we are still struggling to become equal members of our patients’ health care teams, face increased regulation, and decreased reimbursement. These are some of the issues the APhA-PAC can help us tackle, and your support, every cent, can make a difference.

Kudos to the following Schools and Colleges of Pharmacy from Region 8 for taking on the challenge of raising \$100 or more for the APhA-PAC:

Loma Linda University School of Pharmacy

Midwestern University – Glendale College of Pharmacy

University of Arizona College of Pharmacy

University of New Mexico College of Pharmacy

Western University College of Pharmacy



Steven Garcia

Regional
Delegate

Pharmacist Student Loan Repayment Eligibility Act of 2011 (S.48)

As many of you know, a bill was introduced in January seeking the inclusion of pharmacist participation in the National Health Service Corps (NHSC). Currently, federal and state governments offer loan repayment and loan forgiveness programs to health care providers who agree to serve in Health Professional Shortage Areas (HPSA) as defined by the NHSC. Health professionals such as physicians, nurses, dentists, midwives, dental hygienists, and marriage and family therapists are eligible to participate in the NHSC loan repayment program. However, pharmacists are not included. Pharmacists, as vital members of the health care team, should be considered equal among other health care providers and should be permitted to participate in the loan repayment and forgiveness program.

I challenge you to contact your local legislators asking them to consider co-sponsoring this bill. Please visit the “Policy and Advocacy” section on pharmacist.com/students for sample letter and for more information.

Region 8 Chapter Upd8s!

Cal Northstate

Getting Involved!

(Pooja Kshirsagar – APhA Historian/Publicist)

California Northstate's APhA chapter strongly believes in bringing the class of 2012, 2013, and the new 2014 together by setting up opportunities for students to get involved. Club Day, which was held on Thursday, September 9th, gave the P1s a chance to be introduced to APhA.

Below: Nicole Sangalang, President of APhA, explaining the importance of being involved.



In addition, APhA continues to kick off the semester by hosting the Softball Tournament, which was a success last fall between the P1s and P2s. Pizza and drinks were provided. The event was a great turn out with enthusiastic and energetic students eager to play!

Loma Linda

(Kleoniki Guzelyan – APhA President)

The Loma Linda University APhA-ASP chapter was successful in 2010-2011 with many achievements. We were ecstatic to be able to take a large number of students to both the Midyear Regional Meeting held in Phoenix, Arizona, and Annual2011 in Seattle, Washington. We also continue annually to send our new chapter President-Elect to SLI each summer in Washington, D.C.

Our chapter has succeeded on many levels, locally by holding events, such as Project Hypertension/ Osteoporosis Market Nights (monthly at a local community weekly evening event), Health Fairs, and Boys and Girls Club functions, winner of the regional competition with the presentation, "Winter is Cold, Advocacy is Hot," and our Annual2011 competitor in the National Patient Counseling Competition placed nationally in the Top Ten.

Annual2011 at Seattle was a phenomenal event; we were lucky to be a part of all the House of Delegates, regional caucus meetings, general sessions, etc. For our chapter, so much planning goes into Annual. With all of the hard work comes great success and many fun memories.

It has been an honor being the president of the Loma Linda APhA-ASP chapter and leading such a great team of motivated, hardworking, and passionate students. I would like to thank all of my officers, members, faculty and residents, and especially our advisor, Dr. Eric Mack, who made it possible to have our chapter involved in many events locally, regionally, and nationally.

Our chapter would like to thank all of the national and regional officers for their hard work in planning such extensive events as Annual and MRM, respectively. We look forward to all of the upcoming events and to much chapter achievement in the future.

Midwestern University Glendale

(Amanda Carter – APhA President)

At Midwestern University, College of Pharmacy – Glendale, our chapter has been busy over the last few months! January brought about our annual Pharmacy Day at the Capitol, where students promoted the

Continue....

American Pharmacist Association – Academy of Student Pharmacists

Region 8

Arizona, California, Colorado,
Hawaii, Nevada, New Mexico

pharmacy profession through education and advocacy. There was representation from 100% of our legislators, all three classes within our college and we are looking forward to next year's event. We held elections in late February and are excited to transition the leadership to our new officers. Congratulations to Jess, Jasmine, Vincent, Rose, Ron, Julia, Andrew, Phil and David! APhA2011 was an opportunity for 17 of our students to travel to Seattle, network with students from all over the country, and participate in the numerous offerings of the meeting. So far, April has been an equally exciting month!

Our chapter provided information about National Take Back Day and safe medication disposal during the American Diabetes Association's kick-off Diabetes Forum that was held on our campus. We also learned that student pharmacists will be able to provide immunizations starting this summer! A lot of hard work by our state

association, Arizona Pharmacy Alliance, has resulted in the signing of a bill that expanded the scope of practice for pharmacists in the state of Arizona. This law has expanded collaborative practice, allowed pharmacy interns to immunize under the supervision of a immunization certified pharmacist, and allowed pharmacists to provide children ages 6-18 the influenza vaccine without a prescription and all other vaccines with a prescription. We are looking forward to the opportunity to promote public health through immunizations and related events...stay tuned for more details!

Regis University

It has been an exciting year starting the APhA-ASP Regis Chapter. We would like to take a moment to reflect on the activities of the organization throughout the year. The first step was to take care of the logistics: creating bylaws and goals, elected our first officers, designating chair positions, and creating a university bank account. Then the activities and events began.

In our social event this year we entertained approximately 35 students while enjoying casino games

and prizes while managing to raise over \$100 to help build schools in Ethiopia.

15 APhA-ASP students, 2 faculty, and 1 pharmacy preceptors also took part in "Heartburn Awareness Challenge" at 9News Health Fairs and gave health advice to 225 patients. One of our service learning groups will also be implementing a series of diabetes screening and education activities combined with helping patients gain access to health care starting fall 2011.

We also had student and faculty attendance and represented our school and chapter at regional and national Meetings this year. At the APhA-ASP Yearly Meeting and Exposition this year we received our charter as an official APhA recognized chapter.

One of our most successful events was a Wine Tasting and Silent Auction in which we provided a social, fundraising, and networking experience for our members raising over \$3,800 to fund our chapter activities for next year! It has been a lot of work, but nobody said it would be easy.

Thanks to a fantastic motivated group of students APhA-ASP has had a successful year and is looking forward to continued growth through the upcoming 2011-2012 school year.

American Pharmacist Association – Academy of Student Pharmacists

Region 8

Arizona, California, Colorado,
Hawaii, Nevada, New Mexico

Touro University

(Benjamin Malcolm-APhA
Chapter President)

At Touro University the setup of our curriculum is a unique in that we only have two years of didactic coursework before rotations begin. Traditionally our APhA-ASP President serves their presidency during their P2 year and there is no President-elect position however, our election cycle was pushed up to early March this year in order to give our new and past Chapter President additional overlap in their terms and allow for mentorship opportunity. As the Touro Chapter President for the upcoming 2011-2012 I believe this was a wise move as has given additional guidance on the role of Chapter President and at least partially circumvented our 'elect gap'.

As this school year draws close to an end my thoughts are cast towards the 2011-2012 school year and particularly how to create an agenda leading to expansion and strengthening of our Chapter at Touro.

Briefly, amongst my priorities are greater interprofessional involvement, professional development in our members, and a higher presence in the community. Although graced with excellent leadership upon birth the APhA-ASP Touro University Chapter is still in its infancy giving much room for growth. This fact, combined with an era of healthcare reform makes it a truly fun, interesting, and ideal time to lead.

Go Touro!

University of Arizona

This year the University of Arizona APhA-ASP Chapter participated in a number of health fairs and fundraisers. Screening hundreds of patients and reaching thousands of people through volunteer services, APhA-ASP is continuing to hold health fairs through April and tabulating patients screened. At the Health and Safety Fair APhA-ASP partnered with El Rio screening 196 people, referring 42 and educating 183 in areas like diabetes, asthma, smoking cessation, and healthy heart facts. APhA-ASP held a number of Children's Health Fairs educating 95 students with 10 different student friendly



(Photo of Operation Heart – Univ. of Arizona)

activities like operation immunization's bug toss. Operation Diabetes coordinators raised \$1,640.29 to help combat diabetes during the Step Out for Diabetes 5K Walk by distributing blue "Take Control" wristbands and raising money from competing class years. The University of Arizona and APhA-ASP were well represented by two outstanding members this year, one as the Midyear Regional Meeting Coordinator hosting 247 APhA-ASP students in Phoenix, Az and the other representing student pharmacists on the national level in the APhA Resolutions Committee. The University of Arizona APhA-ASP chapter was also recognized at the national meeting for outstanding participation in the *Winter is Cold... But Advocacy is Hot* campaign.

American Pharmacist Association – Academy of Student Pharmacists

Region 8

Arizona, California, Colorado,
Hawaii, Nevada, New Mexico

UC San Diego

“Operation Heart is Off to a Great Start”

(Kessie Stewart, Project Cholesterol Chair, and Teri Phan, Vice President of Communications)

This school year marked the launch of a new patient care project within our UCSD- APhA chapter called Operation Heart. The goal of this student-run project is to help patients identify, understand, and reduce their risks of developing cardiovascular disease. This is achieved mainly through educational events and free health screenings that focus on preventable risk factors such as cholesterol, hypertension, smoking, obesity and sedentary lifestyle. Our chapter was ahead of the game because we have run Project Cholesterol, a patient care project dedicated to hyperlipidemia awareness, for the past three years. Since the goals of Operation Heart and Project Cholesterol coincide well, we transitioned Project

Cholesterol into Operation Heart.

Since the launch of Operation Heart, we have helped many patients identify and understand their risks for cardiovascular disease (CVD) by performing blood tests for LDL, HDL, and Total Cholesterol. This year, we have screened more than 200 patients for hyperlipidemia. This is an impressive number especially considering that the cholesterol test itself takes at least 5 minutes per patient and obtaining the risk factor assessment and lifestyle counseling takes about 10 minutes. We were often faced with large crowds, long lines, and patients who were cranky after fasting. It is a testament to the patience and dedication of our volunteers that we were able to screen so many patients.

While Operation Heart is still in its growing phase, we have high hopes for the future. These plans include combining hypertension and cholesterol screenings to make the process more streamlined. Our ultimate goal is the prevention of cardiovascular disease through screening, awareness, and education. While this may seem like a lofty goal in the face of such

a huge problem, our chapter has a lot of “heart,” and with it we are well on our way to accomplishing this goal.

UC San Francisco

“Patient Care, Policy Projects in Full Bloom at UCSF”

(Soniya Tambe, APhA-President)

At UCSF, APhA-ASP has been turning up the heat on Policy and Patient Care initiatives this Spring! With 11 patient care projects and the recently initiated Generation Rx, our students certainly have their hands full with new ideas and new projects to undertake. Last month we hosted a Red Dress Fashion Show with our Women’s Health Project with 10 fabulous models who headed out to the streets of San Francisco in their glimmering red dresses asking questions to the public about what they knew about the risks of Heart Disease and providing free education on heart healthy living to members of all parts of the city on film. They showcased their findings at the Annual Red Dress Fashion Show event on campus.

Our policy efforts have also hit full throttle this quarter as our chapter put together a three part series in preparation for the California Pharmacists’ Association Legislative Day which took place on April 6th in

Continue....

American Pharmacist Association – Academy of Student Pharmacists

Region 8

Arizona, California, Colorado,
Hawaii, Nevada, New Mexico

Sacramento. Our first event was a preparatory dinner featuring a lobbyist, faculty members specializing in health policy, and speakers from both the California Pharmacists Association as well as the California Society of Health-Systems Pharmacists Association to introduce the students to the current items of legislation, how the California legislative process works, and how to talk to legislators. Many of our students also participated in the inter-school collaborative health fair on legislative day itself where projects from every school of pharmacy in California worked together to provide free health screenings to legislators and their staff. Finally, our chapter has been involved in organizing a student-led state-wide effort to encourage our California state pharmacy leaders to host unified California pharmacy legislative days. We have had a fantastic start to our spring quarter and we are excited to usher in a new group of student leaders as we begin our transitions process into the summer and the new academic year.

University of New Mexico

Student pharmacists from the University of New Mexico teamed up with local pharmacists, New Mexico State University and the New Mexico Poison and Drug Information Center to promote National Poison Prevention Week around New Mexico on March 20-26, 2011.

Due to the recent budget costs across the country, our goal was to educate the community and lawmakers about the importance of maintaining poison centers. By partnering with New Mexico State University we were able to conduct awareness activities around the state. In addition to handing out poison center brochures and magnets, we chose two public areas to conduct flash mobs. A choreographed dance was created and posted on YouTube prior to the event. On the day of the flash mobs, participants casually gathered in a common area. When the music started playing, the participants removed their sweaters to reveal red shirts that read “Every 8 Seconds” and joined in the flash mob dance. We used “Every 8 Seconds” on the shirts to signify how often someone is in need of a poison center. The shirts also act as long term advertisement for poison centers.



(UNM Flash Mob)

Many participants are asked what “Every 8 Seconds” means when they wear the shirts.

Our Poison Prevention Week activities were a huge success. Over 150 students, faculty, and pharmacists participated, and one of our flash mobs was featured on the local evening news. Most importantly, we were able to educate thousands of people about the impact and services offered by poison centers.

USC

“American Pharmacy Student Alliance”

Bonny Chan (APhA/CPhA President)

APhA Annual was a spectacular experience for USC this year, and we want to thank everyone for encouraging and congratulating our project

Continue....

American Pharmacist Association – Academy of Student Pharmacists

Region 8

Arizona, California, Colorado,
Hawaii, Nevada, New Mexico

directors for their hard work and creativity.

Not only did our National Member at Large candidate Parth D. Shah get elected, we were also recognized for Diana Tran's PharmFlix submission. USC also took home the regional award for Operation Heart and national awards for Operation Diabetes, Operation Immunization, and Project CHANCE. We were grateful for the opportunity to get recognized at Annual, but are still looking for ways to expand our projects, to reach out to Los Angelenos in more effective ways, and to develop our students' passion for the profession.

In addition to patient care projects, USC's American Pharmacy Student Alliance (APSA) – an organization made up of APhA, CPhA, IPSF, ASHP, and CSHP – would like to increase our participation in legislation, medication therapy management, geriatrics, and interdisciplinary projects. In April, we invited a medical school student who worked at the West Wing of the White

House on health care reform to speak to pharmacy students about patient-centered medical homes.

We also launched a letter writing campaign for the Pharmacist Student Loan Repayment Act and are working jointly with SNPhA's campaign for the FIT Kids Act. Over the summer we are planning an interdisciplinary retreat for student leaders from the schools of medicine, occupational therapy, physical therapy, dentistry, and pharmacy to allow students to better understand each other's training and to open up opportunities for collaboration.

Our 2011-2012 board is also planning to integrate ASCP's initiatives into our outreach at senior homes, where we plan to conduct MTM, screen, and educate the elderly. As we wrap up our academic year and transition our new board, we are excited to incorporate new ideas and creative energy to our endeavors.

University of Southern Nevada

“P1 Perspective on APhA's Annual Meeting in Seattle, Washington”

(Jennifer Polyniak, P1)

Although I have been an active P1 in my chapter, I was not elected to an officer position for next year. I had not attended any APhA functions beyond the chapter level when I registered for the 2011 Annual Meeting. So why did I choose to attend the APhA Annual Meeting? I went because I wanted to be involved. After seeing my friends' enthusiasm and excitement about their experiences at MRM, I knew that I wanted to attend the Annual Meeting.

Initially, I was overwhelmed with the options presented at Annual; I was bombarded with e-mails and fliers about different workshops and exhibit booths. There were also several socials, and of course, the APhA-ASP House of Delegates, all aimed at students. The socials and workshops served as a great networking platform to meet other students and to trade ideas with other chapters. One of my favorite ideas from the Patient Project Chair Workshop came from a chapter who partnered with McDonald's for Project Heart. They offered

Continue....

American Pharmacist Association – Academy of Student Pharmacists

Region 8

Arizona, California, Colorado,
Hawaii, Nevada, New Mexico

screening to diners and then provided them with information on healthful menu items. The APhA-ASP House of Delegates was an opportunity to see policy-making procedure first-hand. It was inspiring to see how many people were present, and how involved they wanted to be in paving the way for the future of Pharmacy. I gained new appreciation and enthusiasm for learning about policy- the same enthusiasm that I had seen my friends bring back from MRM.

I think the greatest advantage of attending the Annual Meeting this year was to sample the many opportunities that APhA has to offer. I am excited to return to the Annual Meeting next year in New Orleans, with a clearer focus of the events that I want to attend. In the meantime, I hope to meet many more APhA members in Las Vegas as the University of Southern Nevada hosts the Region 8 MRM this fall!

WesternU

“Brewing a Hot Year”

(Linda Danh – APhA President)

APhA Annual 2011 was a list of firsts this year for myself and WesternU! It was an incredible experience to be in Seattle for the first time amongst my peers and colleagues from across the country. Our chapter brought out over 30 attendees and we were extremely excited to have had the opportunity to meet and mingle with other leaders of APhA-ASP as well as with pharmacists from various specialties. From the networking opportunity at the Expo to the Opening General Session, we were able to soak in the excitement that Annual brings to members of ASP. What’s more was that this was WesternU’s first year winning an award for a Patient Care Project. Our chapter proudly brought home the Regional Award for Operation Diabetes and celebrated both in Seattle and again in Pomona.

More importantly, it was a weekend full of discussions to exchange and discover new ideas that we could bring back home and implement. Personally, my experience at the Chapter Presidents-elect



(WesternU proudly poses at Annual 2011 with their Operation Diabetes Regional Award)

workshop and then the leadership workshop with our Advisors lead to meeting other presidents-elect and making new friends. In particular, I was able to make ties with fellow Region 8 leaders that I hope to be able to collaborate with in the near future. It is in these exchanges that lead to bigger planning that makes conferences like Annual even more rewarding. Now with so many new ideas on WesternU’s calendar, we look forward to seeing you all again in Las Vegas for MRM 2011.